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New York Academy of Sciences Special Report Recognizes Pulses' Contribution to Human and Environmental Health

WINNIPEG, April 4, 2017 – A publication of *Annals of the New York Academy of Sciences* (NYAS) supported by the Sackler Institute for Nutrition Science says that pulses provide an affordable, healthy and sustainable solution to global health and environmental challenges. The special issue explores the potential for pulses to address growing concerns about human health and the health of the planet.

The *Annals* report covers topics including the contribution pulses can play in meeting nutritional needs in the first 1,000 days of a child's life, the role of pulses in sustainable and healthy food systems, evidence for pulses and cardiometabolic health and positioning pulses in dietary guidelines. According to the 2016 Global Nutrition Report, 1 in 12 adults has type 2 diabetes, while another 2 billion suffer from micronutrient malnutrition.

The report also explores the steps that must be taken to fully realize pulses' potential in addressing global concerns on health, nutrition and sustainability. Changing consumer behaviour to increase pulse consumption is a priority that must be matched with research about consumer perspective and diets as well as increased pulse production.

"The *Annals* publication outlines the steps needed to reach goals that we in the pulse industry have long been working toward," said Julianne Curran, Vice President, Food and Health for Pulse Canada. "The approach to resolving global nutrition and environmental issues is multi-faceted and complex. This report emphasizes pulses' contributions to address both human and environmental health solutions."

A copy of the report can be downloaded [here](#).

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Pulse Canada is the national association representing growers, traders and processors of Canadian pulse crops (peas, beans, lentils and chickpeas). The Canadian pulse industry has grown to become a global leader, and is the world's largest supplier of pulses with exports to over 150 countries.

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